

# BOOMERFEST

## Living Well Over 50

Dear Community Partner,

We're no longer, Aging in Place, we're now "Living Well Over 50". With our new look and fresh ideas, Living Well Over 50 is excited to announce the first Central Vermont "Boomerfest" that will take place at the Montpelier Elks Club on November 6, 2010. Boomerfest will be a celebration and introduction to many available educational opportunities and resources right here in Central Vermont. We are inviting you to participate not only at the event itself, but in the development phase as well so that you and your organization can have an impact on the success of Boomerfest. Take a look at some of the highlights we've organized so far...

- **Zumba Class**
- **Laughter Yoga**
- **Latin Music and Food** – Mildly spiced Latin Food with options to add extra heat
- **Games**
- **Workshops** - Advance Directives, Retirement Planning, Caring for Yourself as You Care for Aging Parents, Alternative Health Care, Rehab Gym workshop, Travel Health, Medicare Part D

The intention of the Living Well Over 50 committee is to bring for-profits and non-profits around the same table to better serve our baby boomers and aging population. And while we want to maintain our educational focus, it is extremely important to shape this as an interesting and lively event. You and your organization are a vital part of this network of services and we want to highlight the important work that you do. There are many ways in which you can participate:

- **Vendor/sponsorship** includes an 8 ft booth with options to place advertisements in our Resource Guide, Website, other outreach materials and public service announcements. Sponsorship levels range from \$100 and up.
- **Donation to our Silent Auction**
- **Participation in the monthly Living Well Over 50 Committee meetings**

We would like the opportunity to speak with you about Living Well Over 50 and Boomerfest. Please let us know as soon as possible by calling the number below.

Sincerely,



Anita Hoy, Chair of Living Well Over 50

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